

$$\cos^4 x + \cos^4 x = 1 + \cos 2x - 2 \sin^2 2x$$

$$\cos^4 x = y$$

$$\cos^4 x = 1/y$$

$$y \in (0; 1]$$

$$y+1/y \in [2; +\infty)$$

$$\cos^4 x + \cos^4 x \geq 2$$

$$a = (y+1/y) \in ? \text{ при условии } y \in (0; 1]$$

$$a \in (-\infty; -2] \cup [2; +\infty)$$

$$\cos^4 x = 1 / \cos^4 x = 1/y$$

$$f(x) = 1 + \cos 2x - 2 \sin^2 2x =$$

$$1 + \cos 2x - 2(1 - \cos^2 2x) =$$

$$= 1 + \cos 2x - 2 + 2 \cos^2 2x =$$

$$= 2 \cos^2 2x + \cos 2x - 1$$

$$\sin^2 2x + \cos^2 2x = 1$$

$$\cos 2x = t, t \in [-1; 1]$$

$$f(t) = 2t^2 + t - 1$$

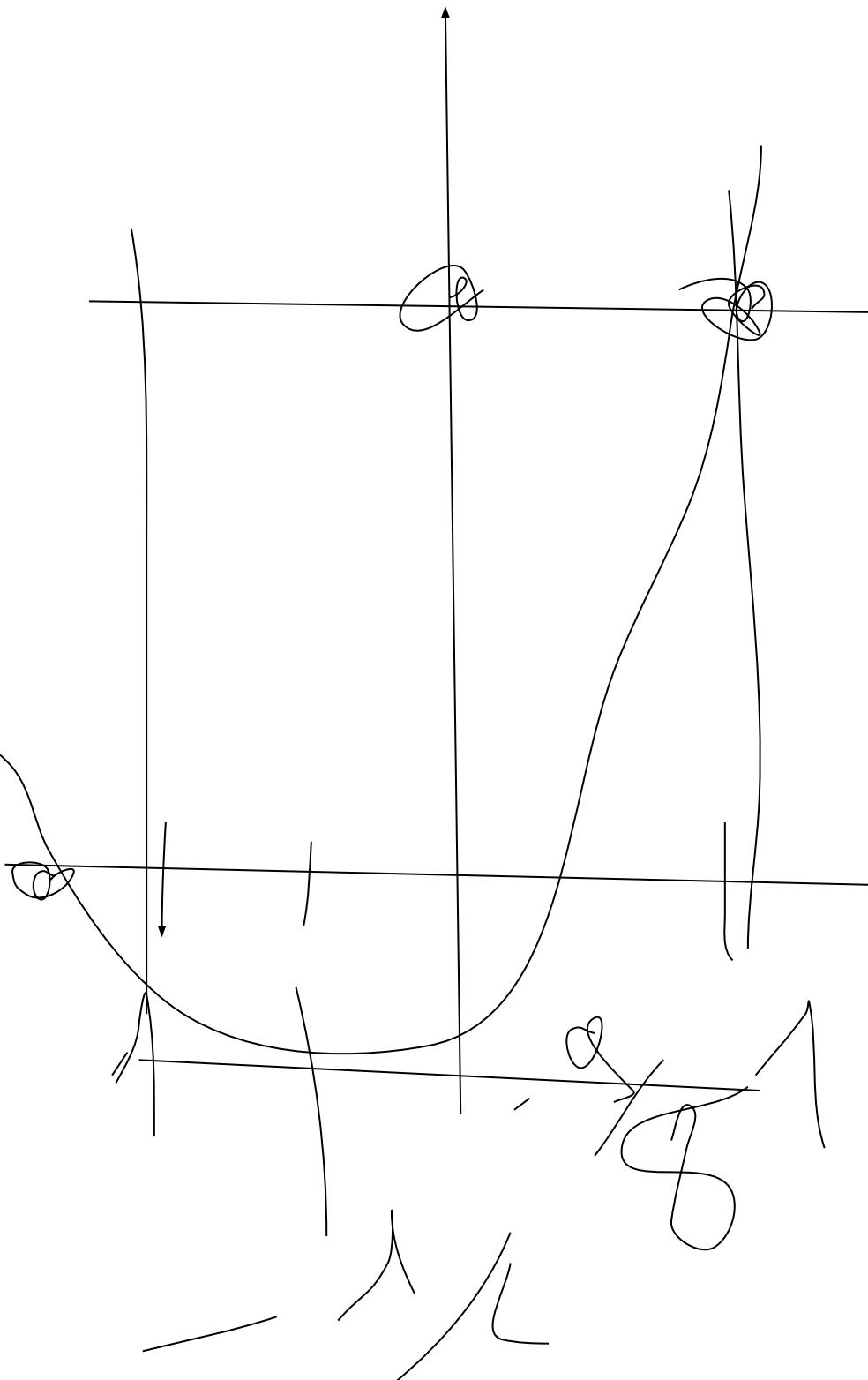
$$x_0 = -\frac{1}{4}$$

$$f(-\frac{1}{4}) = 2/16 - \frac{1}{4} - 1 = \frac{1}{8} - \frac{1}{4} - 1 = -\frac{1}{8} - 1 = -\frac{9}{8}$$

$$2 \geq 1 + \cos 2x - 2 \sin^2 2x \geq -\frac{9}{8}$$

$$f(1) = 2 + 1 - 1 = 2$$

$$\begin{aligned} y+1/y &= a \\ (y^2+1)/y &= a \\ (y^2+1-ay)/y &= 0 \\ D = a^2 - 4 &= (a-2)(a+2) \\ y_1 &= (a + \sqrt{(a-2)(a+2)})/2 \\ y_2 &= (a - \sqrt{(a-2)(a+2)})/2 \\ (a-2)(a+2) &\geq 0 \\ a &\in (-\infty; -2] \cup [2; +\infty) \end{aligned}$$



$$2 \cos^2 2x + \cos 2x - 1 = 2$$

$$2t^2 + t - 1 = 2$$

$$2t^2 + t - 3 = 0$$

$$t_1 = 1$$

$$t_2 = -3/2$$

$$\cos 2x = 1$$

$$2x = 2Pk$$

$$x = Pk$$

$$\cos 2x = -3/2$$

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$$x_1 = 2Pk$$

$$\cos^4(-4)(2Pk) + \cos^4(2Pk) = 2$$

$$1 + 1 = 2$$

$$x_2 = P + 2Pk$$

$$\cos^4(-4)(P + 2Pk) +$$

$$+ \cos^4(P + 2Pk) = 2$$

$$1/(-1)^4 + (-1)^4 = 2$$

Answer: Pk